

PSYCHOLOGY



XAVIER
UNIVERSITY

PSYCHOLOGY IS THE SCIENCE of behavior and mental processes, including thoughts, memories, feelings and motives. Students gain a thorough foundation in the content and methods of scientific psychology, deepen their sensitivity toward the diversity of all people, and prepare for advanced studies in psychology or in related fields.

Bachelor of Science (BS) in Psychology

Minor: Psychology

The Xavier Advantage:

- ▶ Participate in for-credit internships at such institutions as Cincinnati Children's Hospital Medical Center and Xavier's Women's Center.
- ▶ Work side-by-side with expert faculty and graduate students to participate in original research.
- ▶ Benefit from opportunities to present research at professional conferences and be published in scholarly journals.
- ▶ Join the Psychology Club to interact with other students and explore career interests.
- ▶ Be recognized for academic achievement with membership in the Xavier Chapter of Psi Chi, a national honor society in psychology.

Xavier psychology graduates go on to:

- ▶ St. Luke's Hospital
- ▶ East Indiana Treatment Center
- ▶ Christian Appalachian Project
- ▶ Cincinnati Public Schools
- ▶ Graduate programs in psychology and other sciences, medicine, law and business

Learn more www.xavier.edu/psychology

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RECOMMENDED CLASS SCHEDULES BACHELOR OF SCIENCE [BS] IN PSYCHOLOGY

These schedules serve as a guideline for progress toward a degree. Students should consult with their academic advisor.

First Semester	Sem. Hrs.
FRESHMAN YEAR	
BIOL 140, Human Anatomy & Phy I	3
BIOL 141, Hum Anatomy & Phy I Lab	1
ENGL 101 OR 115, Engl Comp OR Rhetoric	3
MATH 120, Elementary Functions OR MATH 150 / 170, Calculus I *	3
PSYC 101, General Psychology	3
Foreign Language elective	3
Total	16

Second Semester	Sem. Hrs.
FRESHMAN YEAR	
BIOL 142, Human Anatomy & Phy II	3
BIOL 143, Hum Anatomy & Phy II Lab	1
PHIL 100, Ethics as Intro to Phil	3
MATH 150, Elements of Calculus I OR MATH 151 / 171 Calculus II	3
PSYC 277, Abnormal Psychology	3
Foreign Language elective	3
Total	16

SOPHOMORE YEAR	
History I elective	3
THEO 111, Theological Foundations	3
Literature elective	3
PSYC 210, Statistical Techniques	3
Psychology elective	3
PSYC 200, Orientation to the Major	1
Total	16

SOPHOMORE YEAR	
History II elective	3
ENGL/CLAS/SPAN/FREN 205 Lit & Moral Imag	3
PSYC 231, Developmental Psychology	3
PHIL 290, Theory of Knowledge	3
PSYC 221, Research Meth & Design I	2
PSYC 223, Research Met & Design I lab	1
Total	15

JUNIOR YEAR	
Fine Arts elective	3
PSYC 222, Research Meth & Design II	2
PSYC 224, Research Meth & Design II lab	1
PSYC 261, Social Psychology	3
Theo Scrip/Hist OR Christ Sys elective	3
General elective	3
Total	15

JUNIOR YEAR	
Psychology elective	3
Social Science elective	3
Philosophy elective	3
General elective	6
Total	15

SENIOR YEAR	
Psychology elective	3
General elective	3
PSYC 301, History & Systems	3
PSYC 499, Sr Comprehensive Review	3
Theology Ethics OR Rel/Cult elective	3
Total	15

SENIOR YEAR	
Philosophy elective	3
Social Science elective	3
General elective	3
E/RS Focus elective	3
Total	12

* See the 2010-2011 Xavier catalog for psychology major requirements.

- Scheduling notes:**
- Consult the undergraduate Core Curriculum requirements.
 - The E/RS Focus elective requirement may be used to satisfy another element of the Core or the major.
 - A minimum of 120 credit hours is required for the degree.
 - Students are required to take 6 hours of approved courses representing two different disciplines to fulfill the Core Diversity requirement.

► For additional degree class schedules, please visit www.xavier.edu/psychology.

THE PROGRAM

The Department of Psychology offers the Bachelor of Science (BS) in Psychology, and a minor in psychology. At the graduate level, the department offers the following programs:

- ▶ MA in General Experimental Psychology
- ▶ MA in Industrial-Organizational Psychology
- ▶ Doctoral program: PsyD in Clinical Psychology

Department offices, laboratories and classrooms are located in Elet Hall and Joseph building. Next door to Elet Hall is Sycamore House which houses Xavier's Psychological Services Center, along with other faculty and administrative offices as well as rooms for psychological testing, counseling and meetings.

Psychology students interact with faculty members who have diverse academic and research interests, as well as professional training. Teaching is the primary mission of the department, and all full-time psychology faculty members teach both undergraduate and graduate courses. Faculty members are actively involved in research and publishing to advance the field of psychology.

The faculty holds 18 positions on editorial boards of scholarly journals. They are leaders in the profession of psychology, currently serving as chairs and committee members of 21 different local, regional and national professional organizations. Our faculty has strong bonds with various community agencies, local hospitals and businesses that are important to developing our students. In addition to the following full-time faculty members, department expertise is enhanced by community psychologists from the Greater Cincinnati area who hold adjunct status.

In addition to traditional studies, psychology students at Xavier:

- ▶ Engage in original research with faculty and psychology graduate students.
- ▶ Present their research at local, regional and national professional conferences, as well as publish their research in scholarly journals.
- ▶ Participate in for-credit internships at such institutions as Cincinnati Children's Hospital Medical Center and Xavier's Women's Center.

Psychology majors also may participate in these specialized activities:

- ▶ **Psychology Club:** This is an active group that helps students get to know one another while exploring interesting aspects of psychology in various settings within the Cincinnati area.
- ▶ **Psi Chi:** The Xavier Chapter of Psi Chi, a national honor society in psychology, offers membership to qualified juniors and seniors. Psi Chi sponsors scholarly programs and social events during the academic year.
- ▶ **Committees:** Both Psi Chi and the Psychology Club have committees that enable students to make a difference on campus and in the community by participating in a variety of activities, including the following:
 - ▶ Gear-Up Service Project
 - ▶ Undergraduate Research Experience
 - ▶ Relay For Life

OUTCOMES

Psychology majors and minors are prepared either to directly enter the world of work or, if they choose and have met the requirements, to pursue graduate study in fields that range from clinical psychology, educational guidance and community counseling to law, medicine and social work.

Undergraduate majors and minors who go directly into the workforce with a bachelor's degree in psychology enter a wide variety of fields, from human resources to sales. They also work on research teams and in a variety of human services and teaching fields.

For Xavier students who go on to graduate training and as clinical psychologists, rising health care costs driven by behaviors such as smoking, use of alcohol and other drugs and overeating, spur demand for professionals. Similarly, the need for school psychologists is being driven by a growing awareness of how students' mental health and behavioral problems, such as bullying, affect learning. Industrial-organizational psychologists also will be in demand to help to boost worker productivity and retention rates in a wide range of businesses. Psychologists also help companies address workplace diversity and antidiscrimination policies, as well as assist in survey design, analysis and research to develop tools for marketing evaluation and statistical analysis.

Recent Xavier graduates have gone on to such positions as:

- Clinical research coordinator, St. Luke's Hospital
- Drug addictions counselor, East Indiana Treatment Center
- English teachers in Japan, Mexico, China
- Family life services counselor, Christian Appalachian Project
- Foreign student advisor, Indiana University
- Human resource specialist, National City Bank
- Operations director, Total Homecare Solutions, Inc.
- Psychiatric technician, Silver Hill Hospital
- Psychology teacher, Regis Jesuit High School
- Service coordinator, North Key Community Care
- Social skills teacher, Cincinnati Public Schools
- Teacher, education classes, Cincinnati Zoo

Psychology graduates are accepted into graduate programs in various fields of psychology and other sciences, and pursue advanced degrees in business, law, medicine and other disciplines at such prestigious institutions as:

- Case Western Reserve University
- Ball State University
- Boston College
- Fordham University
- George Washington University
- Indiana University
- Loyola University Chicago
- Purdue University
- University of Chicago
- Vanderbilt University
- Xavier University

COLLEGE OF SOCIAL SCIENCES, HEALTH, AND EDUCATION (CSSHE)

The Psychology Department is housed in the CSSHE, whose programs have a special focus on society in the areas of education, health, community services and more. The College offers a wide variety of departments that include undergraduate programs, master's degree programs and the doctoral program in psychology.

The CSSHE prepares undergraduate and graduate students in the Jesuit Catholic tradition intellectually, morally and spiritually for careers and professions of service by:

- ▶ Challenging students to strive for academic excellence and life-long learning.
- ▶ Providing applied experiences grounded in theoretical foundations.
- ▶ Promoting collaboration and community partnerships.
- ▶ Incorporating research, scholarship, and innovation.
- ▶ Integrating ethical behavior and a respect for individual differences and diversity.

CORE CURRICULUM

The foundation of Xavier's success is its commitment to its Jesuit heritage. The Core Curriculum embodies Xavier's mission and philosophy of education and serves as a valuable foundation for all undergraduate students. Within the Core, the four-course Ethics/Religion and Society (E/RS) Focus fosters students' understanding of socially significant issues through study of the humanities, especially literature, philosophy and theology, as well as the social and natural sciences. Along with courses in their major, Xavier students also take Core courses in: cultural diversity, English composition, fine arts, foreign language, history, literature, mathematics, philosophy, science, social science and theology.

ACADEMIC REQUIREMENTS

Core Curriculum: Minimum 64 credit hours

Major in psychology: 37 credit hours, with 28 hours of required psychology courses, including: General Psychology, Orientation to the Major, Statistical Techniques, Research Methods and Design I and II lecture/lab, Developmental Psychology, Social Psychology, Abnormal Psychology, History and Systems, Senior Comprehensive Review. Students also take nine hours of psychology electives, which are typically courses that support future career/professional goals.



XAVIER AT A GLANCE

Founded in 1831, Xavier University is a Jesuit Catholic university in Cincinnati, Ohio, annually ranked among the nation's best universities. Its three colleges offer 85 undergraduate majors, 54 minors and 11 graduate programs to 7,019 total students, including 4,368 undergraduates.

FOR MORE INFORMATION

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