

OCCUPATIONAL THERAPY



XAVIER
UNIVERSITY

OCCUPATIONAL THERAPY is a health care profession that uses meaningful activity to help people who have difficulty performing daily activities due to physical, psychological, emotional or developmental problems to achieve independence and lead productive and satisfying lives. Students examine human growth and development including the effects of illness and injury; gain professional competence in the use of technology to support clients who are disabled; and focus on professional behavior and ethical obligations.

Bachelor in Liberal Arts (BLA) with a concentration in Human Occupation Studies (HOCS)

Master in Occupational Therapy (MOT)

The Xavier Advantage:

- ▶ Earn a Bachelor in Liberal Arts (BLA) and an entry-level Master in Occupational Therapy (MOT) in 5½ years.
- ▶ Learn with expert faculty members who are occupational therapists dedicated to preparing students as competent and caring professionals.
- ▶ Engage with the community to develop professional skills in settings from day care centers and mental health facilities to hospitals.
- ▶ Be well-prepared as a graduate to sit for—and pass—the national certification exam, which is required to practice as an occupational therapist.
- ▶ Expand networking and professional activities by participating in various organizations such as the XU Student Occupational Therapy Association (XUSOTA).

Xavier occupational therapy graduates go on to:

- ▶ Tampa General Hospital
- ▶ Rush Presbyterian Hospital, Chicago
- ▶ Barton Memorial Hospital, Lake Tahoe, Calif.
- ▶ St. Louis Children's Hospital
- ▶ Boston Public Schools
- ▶ Delmar School District, San Diego

Learn more www.xavier.edu/ot

Ask us xuadmit@xavier.edu

Visit campus www.xavier.edu/visit



RECOMMENDED CLASS SCHEDULES BACHELOR OF LIBERAL ARTS [BLA] TO MASTER OF OCCUPATIONAL THERAPY [MOT]

These schedules serve as a guideline for progress toward a degree. Students should consult with their academic advisor.

First Semester	Sem. Hrs.
FIRST YEAR	
BIOL 140, Anatomy & Phys I	3
BIOL 141, Anatomy & Phys I Lab	1
PSYC 101, General Psychology	3
History I	3
Foreign Language elective	3
ENGL 115, Rhetoric	3
Total	16

Second Semester	Sem. Hrs.
FIRST YEAR	
BIOL 142, Anatomy & Phys II	3
BIOL 143, Anatomy & Phys II Lab	1
THEO 111, Theological Foundations	3
History II	3
Foreign Language elective	3
Fine Arts elective	3
Total	16

SECOND YEAR	
PHIL 100, Ethics as Intro to Phil	3
PHYS 140 & 142, Tech Physics & Lab	3
PSYC 231, Developmental Psych	3
Literature elective	3
General elective	3
Minor OR 2nd Concentration	3
Total	18

SECOND YEAR	
PHIL 290, Theory of Knowledge	3
Theo Scrip/Hist OR Christ Sys elective	3
ENGL/CLAS/SPAN/FREN 205 Lit & Moral Imag	3
General elective	3
Minor OR 2nd Concentration	3
Minor OR 2nd Concentration	3
Total	18

THIRD YEAR	
MATH 156, General Statistics I	3
Theology Ethics OR Rel/Cult elective	3
Minor OR 2nd Concentration	3
Minor OR 2nd Concentration/Gen elective	3
HOCS 301, Human Occ Across Lifespan	3
HOCS 303, Tech for Life Participation I	2
Total	17

THIRD YEAR	
MATH 158, General Statistics II	3
PHIL 329, Bioethics	3
Minor OR 2nd Concentration	3
HOCS 323, Occupational Justice I	3
HOCS 401, Transformative Nat of Occ	3
HOCS 411, Conditions Influence Particp	3
Total	18

FOURTH YEAR	
DCR elective	3
ATTR 386/387, Kinesiology & Lab	3
BIOL 204, Neuroscience	3
HOCS 321, Analy of Occ Participation	3
HOCS 403, Creative & System Inquiry I	3
HOCS 405, Occupational Justice II	3
Undergraduate BLA hours completed.	
Total	18

FOURTH YEAR	
Graduate MOT coursework begins.	
MOCT 501, Creative & Syt Inquiry II	3
MOCT 503, Tech for Life Particp II	2
MOCT 505, Tools & Tech for OT Proc	3
MOCT 507, Professional Issues I	2
MOCT 609, Theo Found & Clin Reason	3
MOCT 502, CSI - II Lab	1
Total	14

FIFTH YEAR	
MOCT 601, Grad Research Project I	2
MOCT 603, Domains & Process I	6
MOCT 605, Adaptations & Tech I	2
MOCT 607, Level I Fieldwork	1
MOCT 611, Professional Issues II	3
Total	14

FIFTH YEAR	
MOCT 631, Grad Research Project II	2
MOCT 633, Domains & Process II	6
MOCT 635, Adaptations & Tech II	2
MOCT 637, Level I Fieldwork	1
MOCT 641, Professional Issues III	3
Total	14

FIFTH YEAR FIELDWORK	
MOCT 691, Level II Fieldwork (Jun-Sep)	3
MOCT 692, Level II Fieldwork (Sep-Dec)	3
Total	6

FIFTH YEAR FIELDWORK	

- Scheduling notes:**
- Consult the undergraduate Core Curriculum requirements.
 - The E/RS Focus elective requirement may be used to satisfy another element of the Core or the major.
 - A minimum of 120 credit hours is required for the BLA degree, and a 3.000 minimum overall GPA is required.
 - Students are required to take 6 hours of approved courses representing two different disciplines to fulfill the Core Diversity requirement.

► For additional degree class schedules, please visit www.xavier.edu/ot.

THE PROGRAM

As one of only 144 occupational therapy programs in the United States, Xavier is one of five Jesuit institutions with a program of occupational therapy.

The Department of Occupational Therapy offers the entry-level Master in Occupational Therapy (MOT) degree. To complete the MOT degree, traditional students must first earn a Bachelor in Liberal Arts (BLA) degree with a concentration in Human Occupation Studies (HOCS), along with an approved minor or second academic concentration.

Important admission information: Enrollment is limited. In fact, because the occupational therapy major is so popular, available spaces are limited. It is advisable to apply early and make sure to meet the required admission criteria. For more information, visit www.xavier.edu/undergraduate-admission/admission-process.

The BLA-to-MOT program typically spans 5½ years. The BLA will be obtained at the end of the student's first semester in his or her fourth, or senior, year. Graduate coursework will begin in the second semester of the fourth year and continue into year five, culminating with a six-month, post-academic internship.

Transfer students who are certified occupational therapy assistants may receive transfer credit for some of the BLA requirements depending on the articulation agreement worked out with the occupational therapy assistant program which they previously attended.

In addition to traditional studies, occupational therapy students at Xavier:

- ▶ **Engage with the community** to develop their professional skills. Department-wide community engagement annually totals more than 1,000 hours in settings from day care centers and mental health facilities to hospitals. Students have the opportunity to conduct interviews, administer and interpret assessments, practice interventions, and present on topics that promote occupational participation.
- ▶ **Complete 30 hours of service learning.** Traditionally, this has been accomplished in the greater Cincinnati area where students have worked with and learned from persons who sustained traumatic brain injuries, are mentally ill or developmentally disabled, or local elementary school children. Students also may take advantage of a special summer program in Guatemala, working with and learning from children who live in homes for children.
- ▶ **Join various clubs and societies.** XUSOTA provides networking opportunities among classmates, a forum for student focus on professional activities and sharing information, and the opportunity to become involved as a student in the American Occupational Therapy Association (AOTA). Pi Theta Epsilon (PTE), a national honor society for occupational therapy students and alumni, recognizes and fosters leadership and scholarship among its members.

Xavier's occupational therapy program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association, 4720 Montgomery Lane, PO Box 31220, Bethesda, MD 20824-1220; phone: 301-652-2682; www.aota.org. Graduates of the program will be eligible to take the national certification examination for the occupational therapist administered by the National Board

OUTCOMES

The U.S. Bureau of Labor Statistics predicts an increase of 26 percent in available occupational therapy positions by the year 2018. Occupational therapists collaborate with patients and clients in order to support their maximal participation in their community and in society. For instance, a child born with a congenital or developmental disability may need assistance in developing feeding, playing and motor skills. Or, employees at an information technology company who have experienced work-related repetitive stress injuries would consult with an occupational therapist for help to redesign computer work stations to prevent future injuries.

Xavier University's occupational therapy graduates have a high passage rate on the national certification exam, which is required to practice as an occupational therapist. Job placement consistently runs at 100 percent with graduates reporting multiple job offers, with many positions secured prior to graduation. Many local and regional employers request Xavier graduates for position openings.

Fieldwork experiences and/or first-time jobs offer students and graduates a range of occupational therapy opportunities and settings, including:

- The Children's Hospital, Denver
- Summit Behavior Health Care, Cincinnati
- Pediatric Therapy Associates, Ft. Lauderdale, Fla.
- Community Occupational Therapy Services, Memphis, Tenn.
- Shriner's Hospital, Cincinnati
- Tampa General Hospital
- Rush Presbyterian Hospital, Chicago
- Barton Memorial Hospital, Lake Tahoe, Calif.
- St. Louis Children's Hospital
- Boston Public Schools
- Delmar School District, San Diego

After graduation, Xavier's occupational therapy graduates specialize in such areas as pediatrics, developmental disabilities, gerontology, rehabilitation, mental health and ergonomics. They hold such positions as clinician, consultant or educator, manager of policy development, researcher, and interdisciplinary team member in such facilities as school systems, nursing homes, hospitals and home health care agency settings.

for the Certification in Occupational Therapy (NBCOT®): www.nbcot.org. Upon successful completion of this exam, the individual is eligible to hold the title of occupational therapist, registered. Most states have specific additional credentialing requirements for licensure and registration to legally practice in that state. All state credentialing bodies require a passing score on the NBCOT® certification examination.

RESOURCES

The department's full-time faculty members are occupational therapists who are passionate about the field and dedicated to preparing students as competent and caring occupational therapists. The faculty is readily available to work with students

outside the classroom. Lab classes are typically small, and most classes are located in one building, so students and faculty get to know each other on an individual basis. In addition to full-time faculty, the department also relies on adjunct faculty members.

The Department of Occupational Therapy is located in the Cohen Center, which features a variety of classroom lab environments and equipment:

- ▶ Daily living lab where students practice in a home apartment setting.
- ▶ Occupations lab where students learn how to make custom hand splints and braces, used to stabilize joints following surgical procedures or injury.
- ▶ Clinical lab setting that allows students to practice evaluating and assessing client function across the lifespan.
- ▶ Pediatric sensory-motor equipment used as intervention for individuals with sensory processing needs.
- ▶ State-of-the-art computer lab featuring technology applications for management, research and clinical intervention.

COLLEGE OF SOCIAL SCIENCES, HEALTH, AND EDUCATION (CSSHE)

The Occupational Therapy Department is housed in the CSSHE, whose programs have a special focus on society in the areas of education, health, community services and more. The College houses a wide variety of departments that include undergraduate programs, master's degree programs and a doctoral program in psychology.

The CSSHE prepares undergraduate and graduate students in the Jesuit Catholic tradition intellectually, morally and spiritually for careers and professions of service by:

- ▶ Challenging students to strive for academic excellence and life-long learning
- ▶ Providing applied experiences grounded in theoretical foundations
- ▶ Promoting collaboration and community partnerships
- ▶ Incorporating research, scholarship, and innovation
- ▶ Integrating ethical behavior and a respect for individual differences and diversity

CORE CURRICULUM

The foundation of Xavier's success is its commitment to its Jesuit heritage. The Core Curriculum embodies Xavier's mission and philosophy of education and serves as a valuable foundation for all undergraduate students. Within the Core, the four-course Ethics/Religion and Society (E/RS) Focus fosters students' understanding of socially significant issues through study of the humanities, especially literature, philosophy and theology, as well as the social and natural sciences. Along with courses in their major, Xavier students also take Core courses in: cultural diversity, English composition, fine arts, foreign language, history, literature, mathematics, philosophy, science, social science and theology.

ACADEMIC REQUIREMENTS

For the Bachelor in Liberal Studies to Master in Occupational Therapy:

Core Curriculum: Minimum 64 credit hours, including Psych 231, Phil 329, Math 156 and 158, and Eng 115, eight hours in human anatomy and physiology, and three hours of physics.

Upper division studies: 38 hours of upper division work, with 23 hours completed in the concentration of Human Occupation Studies (HOCS). A second concentration or minor is also required. Additional occupational therapy requirements: Six credit hours in neuroscience and kinesiology.



XAVIER AT A GLANCE

Founded in 1831, Xavier University is a Jesuit Catholic university in Cincinnati, Ohio, annually ranked among the nation's best universities. Its three colleges offer 85 undergraduate majors, 54 minors and 11 graduate programs to 7,019 total students, including 4,368 undergraduates.

FOR MORE INFORMATION

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